

FHS GUIDANCE DEPARTMENT

Interim reports were issued to students on September 8; the first 9 weeks report cards will be issued on October 6. Please check with your student or go to STI Home to stay abreast of your student's grades. Please be aware that tutoring is available with each teacher. A list of each teacher's tutoring schedule can be found at fontainebleauhigh.stpsb.org, or a hard copy can be picked up in the library or guidance department.

Counselors follow their class through graduation. As a reminder, they are:

9th Grade: Class of 2015: Ms. Toni Matherne (toni.matherne@stpsb.org)
10th Grade: Class of 2014: Dr. Libby Schayot (libby.schayot@stpsb.org)
11th Grade: Class of 2013: Ms. Susan Samson (susan.samson@stpsb.org)
12th Grade: Class of 2012: Ms. Che' Jackson (che.ashby-jackson@stpsb.org)
12th Grade: Class of 2012: Ms. Lori Englande (lori.englande@stpsb.org)
(College Advisor/Scholarships)

Mrs. Mary Fox is the secretary in the Guidance department. Contact her for any transcript requests. (mary.fox@stpsb.org)

Helpful Hints:

- The focus for the second quarter beginning in the month of October is Academic Development. The counselors in each grade level will visit all English classes to discuss the importance of the GPA and some strategies to improve grades. Remember that transition to the next grade is difficult and often includes a necessary change in study habits. It is important to communicate with your daughter/son and keep up with his/her current grades.
- Create a space for your student to do 2-2 1/2 hours of homework 5 days a week (Sunday through Thursday). Help your daughter/son set realistic goals and manage their time. Monitor their activities and set limits and boundaries.
- Remind your student of the 5 survival tips: maintain good relationships with teachers; get involved; stay organized; do homework; have fun.

www.fontainebleauhigh.stpsb.org is the school's website which contains very important information and lists the email addresses of all teachers. It also contains links to STI Home, tutors, college and scholarships, TOPS, etc. Hopefully, this website will be the quickest way for you to receive the answer to your questions.

GEE Retest: Any student who did not pass one or more sections of the GEE last spring will have an opportunity to retest October 24-28. If your student tested last summer, and you have not received the scores, please contact Dr. Schayot.

ACT and SAT Information: The ACT and SAT college admissions tests are given several times a year at various locations throughout the nation. For information, test dates, and online registration, go to actstudent.org for the ACT or collegeboard.com for the SAT. Practice test booklets can also be obtained in the guidance office. One must register through ACT or College Board. The ACT will be given at FHS on Oct. 22 and Feb.11. Seniors who have not taken either test need to register ASAP!

Fee waivers are available for those who qualify. See your counselor for information.

The **PSAT** Test will be administered to all interested college-bound sophomores and juniors on Saturday, October 15. Register by bringing \$21 (cash only) to the guidance office by October 7. After that, the price increases to \$25. This test is the qualifying exam for the National Merit Scholarship as well as other corporate scholarships. Sophomores will take it for practice only. Seniors are not eligible. This is the only time this test will be given throughout the nation!!

ASVAB TEST: (Armed Services Vocational Aptitude Battery)

FACT: Many students are not sure about what they want to do after high school.

FACT: Having a good foundation of knowing who you are helps to make realistic and satisfying educational and career choices.

FACT: The ASVAB Career Exploration Program can help you develop and execute a blueprint for your future.

FACT: No one is under any obligation to the Military as a result of taking the ASVAB.

FACT: The ASVAB will be administered for free at FHS on Wednesday, November 16th for any interested 10th, 11th or 12th graders. Please see Guidance to register.

ACT Prep

Mike Gemelli's ACT Prep Class will be held Monday, October 17, Tuesday, October 18, and Wednesday, Oct. 19 from 6:00-8:00 P.M. at the First Baptist Church in Slidell. The cost is \$150.00. To register, please call Ms. Reeves/ SHS Guidance at 643-2992 ext. 212 or e-mail her at joan.reeves@stpsb.org.

College Fairs:

- **Northshore College and Career Fair** will be Tuesday, September 13, 2011, from 5:30-8:30 at the Pennington Center on Southeastern Louisiana University's campus. Please pre-register for a barcode at www.lacollegefairs.com. Remember to print out the bar code label and take it with you to the fair!
- **NACAC (National College Fair)** will be Monday, September 26, 2011 from 6:00-8:00 P.M. at the Morial Convention Center in New Orleans. Please register at www.nationalcollegefairs.org.
- **NACAC (National College Fair)** will also be held Tuesday, September 27, 2011 in Baton Rouge. Please register at www.nationalcollegefairs.org.

Lunch Visits at FHS

The following colleges have set up lunch visits at FHS. A table will be set up in the mall. This is a great opportunity to meet with a college representative.

Tuesday, September 13 – Rhodes College, Memphis, TN (2nd Lunch only)

Wednesday, September 14 – Centenary College, Shreveport, LA

Thursday, September 29 – Baylor University, Waco, TX (1st Lunch only)

Tuesday, October 4 – Spring Hill College, Mobile, AL

Thursday, October 20 – Millsaps College, Jackson, MS

Friday, October 21 – Loyola University, New Orleans, LA

Friday, October 28 – Tulane University, New Orleans, LA

Current Scholarships:

Applications and / or information on the scholarships listed below can be found in the scholarship file in the guidance office. Students are advised to check the scholarship file frequently as new scholarships arrive. Scholarships will also be listed on the FHS guidance website.

Cappex.com – Cappex is giving away thousands of dollars in scholarships for college. To apply, simply fill out a free profile. Visit the Scholarships Tab and click apply. Scholarships will be given out to well-rounded students, so don't hold back on the details. The following scholarships can be accessed by going to www.cappex.com/scholarships.

High School Innovator of the Year Scholarship-

Deadline: December 31, 2011 Amount: \$5,000.

Lead with your Heart Scholarship- Deadline: December 31, 2011; Amount: \$5,000.

A GPA Isn't Everything- Deadline: September 30, 2011; Amount: \$1,000.

Cappex Promoter Scholarships: Deadline: December 31, 2100; Amount: \$1,000.

LELA Scholarships:

Seniors only: "Do you hear what I hear? Lela is sponsoring the Sounds of the Season Holiday Art Contest. Deadline: November 4, 2011. Your art could be featured in the Lela's holiday greeting card. Up to \$6,000 in scholarships awarded. Go to www.askLela.org for details.

Seniors only: Lela's Quarterly Drawing. Register to win \$1,000 scholarship. Go to www.askLela.org. Drawings are held September 30, December 31, March 31 and June 26. Only 1 entry per person is allowed. Winners will be selected randomly.

Seniors only: FAAM (Financial Aid Awareness Month)- Cash for College Contest. Go to www.GoFAAM.com for details.

Creative Patriot Art Award – This contest is open to **all grades**. Begin today and win an art scholarship for patriotism expressed through your art work. Please stop by the guidance office to pick up an application. The deadline to submit the application and the art work is **March 31**.

Coca-Cola Scholars Foundation- The foundation offers \$3.4 million a year to 250 students. If you are a truly motivated, dedicated, involved high school senior, apply online at www.coca-colascholars.org. **Deadline: October 31**.

Prudential Spirit of Community Awards – These awards are for students in grades 9-12 who have taken part in community service activities over the past year. If you have made a difference by volunteering in your community over the past year, you should apply for this award. Pick up a copy of the application instruction sheet in guidance. You must complete the application online at <http://spirit.prudential.com>. *Print the completed application and submit it to Mrs. Englande by **OCTOBER 27**.*

Horatio Alger Scholarship Programs – The application is now open for the high school senior class of 2012 until **October 30, 2011**. The requirements are as follows: critical financial need (\$50,000 or less adjusted gross income per family is preferred); involvement in co-curricular and community activities; demonstrated integrity and perseverance in overcoming adversity; a minimum grade point average of 2.0 and a U.S citizen. To apply, you need to log on to the following website: www.horatioalger.org/scholarships.

United States Senate Youth Program – This program is open to **juniors** and **seniors** who currently serve in an elected capacity in any of the following student government offices: president, vice-president, secretary, treasurer, or student council representative. Additional information and applications are available in guidance. Completed applications must be turned into Mrs. Englande no later than **September 27, 2011**.

Voice of Democracy – Essay contest open to **all grades**. Students will need to record a 3-5 minute essay on a standard cassette tape or CD. “Is There Pride in Serving in Our Military” is the theme for this year. Please see Mrs. Englande for an application. **The deadline is October 24, 2011**.

Wendy’s High School Heisman Award – This award is for **senior student athletes only** who exhibit excellence in the classroom, on the field, and within their communities. Athletes must have a minimum GPA of 3.0 and participate in at least one school-sponsored sport to be eligible. Any eligible student can register at www.wendyshighschoolheisman.com. The deadline is **October 2**.

Louisiana Universities Scholarship Deadlines

LSU (Baton Rouge) – November 15 is the priority deadline for full consideration for all scholarship programs.

University of Louisiana at Lafayette – November 15 is the priority deadline; January 31 is the final deadline.

Loyola University – December 1.

McNeese State University – December 1.

Northwestern State University – December 1

Tulane University – December 15.

University of Louisiana at Monroe – December 15.

Louisiana Tech University – January 5 is the priority deadline.

Nicholls State University – January 5.

University of New Orleans – January 15

Southeastern Louisiana University – Scholarships are awarded on a rolling basis if the student meets the scholarship criteria.

College Open Houses:

The following colleges sent information about their Open Houses. For more information, check out the Guidance Bulletin Board in the mall, or stop by the Guidance Office for more information.

Louisiana Tech University –

October 1; Time Out for Tech Tech Day; Cost \$10; Go to www.latech.edu/admissions/toft.

Southern University – October 8, 12 noon;

Cost: \$10.00; RSVP 1-800-256-1531.

Louisiana College-

Fall Preview Day – Saturday October 8

Walk Like a Wildcat – October 13-14; November 10-11

Go to www.lacollege.edu to register.

ITT Technical Institute –

October 12; Third Annual Senior Day; Check-in 9:00 A.M.; All students must register on-line <http://www.gotocollegefairs.com>. Contact Rhonda Christen for more information rchristen@itt-tech.edu.

Grambling State University –

October 15; contact Edward Scott at scotte@gram.edu. Or call (318)274-6097; Cost \$35

University of New Orleans-

October 15; Go to www.get2uno.edu to register.

Our Lady of Holy Cross -

October 25 or March 22 – 5:30-7:30P.M.

E-mail or text your RSVP to events@lhcc.edu.

Nicholls University –

Colonel Day- October 29 – 9:30A.M.

RSVP at www.nicholls.edu/colonelday

Louisiana State University – Shreveport –

November 5; 9:00-1:00; Fall Pilot Preview Day; Visit www.lsus.edu or call admissions at (318)797-5061

Our Lady of the Lake College

November 5; 9:00-12:30; To register, visit www.ololcollege.edu

McNeese State University –

November 12; Cowboy Q & A Day- Fall Preview Day; Go to www.mcneese.edu/admissions/preview-day for details.

Louisiana State University – Alexandria -

November 22; 8:30-2:00; Fall Open House; Cost \$10.00

Contact Admissions at (318)473-6417.

CALENDAR EVENTS:

- Oct. 6- End of 1st 9 Weeks
- Oct. 7-Teacher’s Professional Day; No school for students
- Oct. 13-Report cards issued
- Oct. 15-PSAT; Homecoming
- Oct. 22-ACT
- Nov. 4-Registration deadline for Dec. 10 ACT